



Live Worry-free with Confidence

Romans 8:28

Message Notes by

Dr. Mark Platt

Life is uncertain. There are few things in life that we really know for sure. Yet, Romans 8:28 begins these profound words: ***“we know.”*** This one phrase says there are things that are trustworthy, secure, and solid. Our confidence is founded on the things we know from God. And this assurance and that takes away all our worries.

The book of Romans tells how a person is made right with God. Under the inspiration of the Holy Spirit, the Apostle Paul writes this Roman church. By this phrase, ***“we know,”*** Paul is telling us that God’s plan is one of the great certainties upon which we can count.

So, what does a person need to know as one faces the storms of life? What can you do to become worry-free? What do I need to know so that I have confidence when things are uncertain? There are **five vital facts** you need to know.

I. Know the scope of God

“in all things”

1. God controls all things

Job 42:2; Psalm 103:19;
Proverbs 16:9, 33

2. God accomplishes all things

Matthew 19:26

II. Know the nature of God

“God”

1. God knows everything

Hebrews 4:13

2. God occupies everything

Psalm 139:7-10

III. Know the plan of God

“works”

1. God’s plan is personal

Psalm 138:8; Proverbs 16:3

2. God’s plan is perfect

Psalm 18:30

IV. Know the motives of God

“for the good”

1. God wants to give you peace

Isaiah 26:3

2. God wants to give you hope

Jeremiah 29:11

V. Know the caveats of God

“for those who love God and are called according to His purpose”

1. You must love God

Mark 12:30

2. You must be called by God

John 6:44

Your Response:

1. Are you “called according to His purpose? Have you let God have your entire life? Have you surrendered your life to Jesus Christ as your Lord and Savior?
2. Are you worrying or relying on God? Do you live in God’s sovereignty and not your own? What is your evidence?
3. In what event in your life has God taken bad things and worked them for a good end? Thank God in prayer for His sovereign action in your heartaches and disappointments.
4. What are you trying to carry on your own that could and should be given to the sovereignty of God? Ask God to take your worries and fears now (1 Peter 5:7).

Resources:

How to Win over Worry by John Haggai
Romans by William Hendriksen,
The Epistle to the Romans by R.C.H. Lenski
The Sovereignty of God by Arthur W. Pink

For Further Thought/Discussion/Homework:

1. Memorize Romans 8:28
2. Memorize Proverbs 16:1, 3, 9, 33